

FLORA'S CAFE TUCKSHOP MENU 2025

BREAKFAST

7:30AM TO 8:30AM

Hash Brown GF	\$2.00
Fruit Cup GF	\$2.00
Fruit Salad GF	\$4.00
Banana Bread	\$4.00
Overnight Oats	\$4.00
Ham & Cheese Croissant	\$5.00
Bacon & Egg Muffin	\$5.00
Bacon & Egg Wrap	\$5.00

SUSHI THURSDAY

SUSHI ROLLS \$5

Avocado
Crumbed Chicken
Teriyaki Chicken
Tuna



SUSHI BOWLS \$6

Katsu Chicken
Teriyaki Chicken

MORNING TEA AND LUNCH

SNACKS

Biscuits	\$0.50
Carrot Sticks GF	\$1.50
Fruit Cup GF	\$2.00
Muffin	\$2.50
Chocolate Mousse	\$3.00
Fruit Salad GF	\$4.00
Banana Bread	\$4.00
Banana Bread Choc Chip	\$4.00
Apple Crumble & Custard	\$4.00
Overnight Oats	\$4.00

SANDWICHES

Made fresh daily

Butter - Jam - Honey - Vegemite	\$2.00
Cheese	\$3.00
Ham & Cheese	\$4.00
Chicken & Cheese	\$5.00
Egg	\$5.00
Ham with Salad	\$6.00
Chicken with Salad	\$6.00

WRAPS

Made fresh daily

Ham & Salad	\$7.00
Chicken & Salad	\$7.00
Flame Grilled Chicken	\$7.00
Flame Grilled Chicken & Cheese	\$6.00



BURGERS

Cheese Burger	\$ 7.00
Chicken Burger	\$ 7.00
Steak Burger	\$ 8.00
Bunless Burger	\$10.00

SALADS

Made fresh daily

Garden Salad GF	\$5.00
Chicken Caesar	\$7.00
Summer Salad GF	\$7.00



HOT FOOD

Cheese Triangle	\$0.50
Ham & Cheese Triangle	\$1.00
Hash Browns GF	\$2.00
Chicken Chippies	\$3.00
Hot Chips GF	\$4.00
Sausage Roll	\$6.00
Spinach & Cream Cheese Roll	\$6.00
Travellers Pie	\$6.00
Spaghetti Bolognese	\$5.00
Chicken Tender GF Option	\$3.00
Chicken & Chips GF Option	\$6.00
Fish & Chips	\$6.00
Lasagne	\$6.00
Butter Chicken & Rice GF	\$6.00

PIZZA

Garlic Bread	\$2.00
Cheesy Garlic Bread	\$3.00
Bacon & Cheese Garlic Bread	\$4.00
Cheese Pizza GF Option	\$4.00
Bacon & Cheese Pizza GF Option	\$4.00

DRINKS

Water	\$2.00
Orchy Juice	\$4.00
Impressed Juice	\$4.50
Lipton Iced Tea	\$5.00
Protein Drink	\$5.00
Nippy's Milk	\$5.00
Nippy's Milk 500ml	\$6.00

ICECREAMS

Quelch	\$1.00
Frozen Juice Cup	\$2.00
Calippo Mini	\$3.00
Vanilla Icecream GF	\$3.00
Chocolate Cup	\$3.00
Frozen Yoghurt	\$4.00



ORDER ON THE MY SCHOOL CONNECT APP
OR WEBSITE WWW.MYSCHOOLCONNECT.COM.AU
CASH, EFTPOS & THE MY SCHOOL CONNECT STUDENT WALLET

